







## Waltham Forest News

Your Council keeping residents informed

www.walthamforest.gov.uk

Issue 8, 16 November 2009

## Remembered

Veterans, families and cadets remember those killed in two World Wars and more recent conflicts - full story on page 2



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### News

#### In my opinion

#### **Peta Boucher**

Youth Programmes Director, Leap Confronting Conflict



Schools are sometimes the victims of community and neighbourhood conflict, caught in the crossfire of postcode wars and territorial disputes. Students need to feel safe to learn, parents want to feel safe sending their children and therefore need

to trust the schools to deal with the community conflicts if they arise. On the advice of the police and council some schools have knife arches. These send out an alarm if a young person enters the school carrying a metallic weapon, with the solution being the expulsion of that young person.

Some Waltham Forest schools have also turned to Leap Confronting Conflict (Leap) as a different type of solution. Leap, a youth and conflict specialist organisation, works with students in training them how to recognise and resolve conflict, how to take responsibility for behaviours, how to help prevent conflicts escalating and how to carry on preventing and resolving everyday conflicts without resorting to violence. This leads to fewer exclusions and a better learning environment.

#### Young people can save face without resorting to violence and damaging feuds.

Leap has trained 67 students and their teachers across five of the borough's schools. The schools have set up Peer Mediation projects, giving the trained student experts the job of ensuring everyday squabbles and disagreements do not spill into fighting and threaten the school's real purpose. And it works. Trained 15 year olds in the borough can now help settle their peers' differences through mediation, a process where the problems are talked about and resolutions sought. Young people find they have the opportunity to be respected and listened to, and can save face without resorting to violence and damaging feuds.

The students are proud that they can maintain safer schools, which help raise attendance and improve learning outcomes. Two schools that have worked with Leap for three years have shown a 10% rise in GCSE grade A-C results as well as higher than average attendance. Ultimately this will mean that those successful young people are more likely to go on into further and higher education or employment, and there are fewer young people hanging around on the streets.

Waltham Forest schools and young people are finding solutions for themselves.

#### Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 300 words: Waltham Forest News wants to hear from you. Email the Editor at: walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.



## **Waltham Forest** pays its respects

Remembrance Sunday services in Waltham Forest were more poignant than ever this year following the recent death of

Walthamstow-born, **Warrant Officer Darren** Chant. The British soldier was killed on 3 November. along with four others



Wreaths laid at this year's ceremony in Walthamstow

in Helmand Province, in an attack the UK military blamed on a rogue Afghan policeman. A special wreath was laid at the war memorial next to the Assembly Hall in Walthamstow bearing his name and the simple legend, 'from the people of Waltham Forest'.

Sunday 8 November saw ceremonies take place across the borough to commemorate those who served and continue to serve in the country's armed forces. Remembrance Sunday events took place in Leytonstone, Chingford, Walthamstow and Leyton, with attendees showing their gratitude and respect for the fallen and wounded.

Warrant Officer Darren

Chant will be remembered by colleagues as 'a hero' who carried a fellow guardsman injured by a bomb more than a mile on his shoulders to safety on a previous tour in the country.

Further tribute was paid to local courage and sacrifice in Levton, when a plaque commemorating the O's WW1 effort was unveiled in Coronation Gardens, Leyton. The O's were the first football league side to enlist en masse during the First World War.

(Cover photo courtesy of the Waltham Forest Guardian).

#### More info

For more information about Remembrance Sunday, visit www.britishlegion.org.uk

#### **Waltham Forest News**

Editor: Andy Strickland

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email walthamforestnews @walthamforest.gov.uk or call 020 8496 3000

Advertising and promotional enquiries: Sunil Duggal, 020 8496 3000 (press 6) advertisingwfn@walthamforest.gov.uk

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## 5,000 back call for more police

- Residents urged to back the call for more police
- Hackney has 199 more officers than Waltham Forest



We want fair levels of policing for Waltham Forest

Almost five and a half thousand people have backed the Council's campaign for more police and now we're asking even more residents to sign up. The call comes as police statistics show violent crime rates in Waltham Forest for September were 15 per cent higher than the London average.

The Council is calling on the Mayor of London, Boris Johnson, as the chair of the Metropolitan Police Authority, to provide an extra 120 police officers for Waltham Forest.

The borough says it has the highest rate of serious crime as a percentage of all crime in London, but has far fewer police officers than boroughs with similar crime levels.

Hackney has a virtually identical levels of serious crime to Waltham Forest but 199 more police officers.

Waltham Forest Council Leader, Cllr Chris Robbins, said: "The community has been fantastic in supporting this campaign and helping us reach our first target of 5,000 signatures. Now we're aiming to double that amount.

"I'd urge residents to log on to our website and register their support, it takes about two minutes and could mean we have more police on our streets tackling the things that concern you most."

A senior Metropolitan
Police officer was sent to the
borough last month to assess
its performance and see if
resources were adequate.

#### More info

 For more information and to sign up to the campaign log on to www.walthamforest. gov.uk/backup

#### In brief

#### **Home care contract**

Following Leonard Cheshire Disability's decision to withdraw from operating home care services in the borough, the Council's Cabinet has approved a proposal to obtain a new provider for the north of the borough by March 2010. ClIr Liz Phillips said: "The Council will work hard with Leonard Cheshire Disability and the new providers to ensure that the transition period goes smoothly, and people receiving care services will be involved in choosing a new provider. The new company will be chosen carefully to ensure that people will receive the high quality care they deserve and expect."

Correction - In the 2 November edition we published a story celebrating Older People's Day. Unfortunately, we incorrectly attributed a quote to Patricia Benson of Winfield House.

This should have read Patricia Vincent of Wingrove House.

We apologise to Mrs Vincent and residents of Wingrove House.

## Murder rate drops in Waltham Forest

Murder rates in Waltham Forest have dropped by nearly a third in the last 12 months. There were five murders in the 12 months to August 2009 compared with seven the previous year, a drop of 28.6 per cent. Overall in London the murder rate is down 34 per cent in the past year, a drop of 30 killings which represents the lowest murder rate in the capital for a decade.

• For more information on personal safety and crime prevention log on to www.walthamforest.gov.uk/safety

## Making a splash

The roof of the 2012 Olympics Aquatic Centre has been lifted into place, the iconic wave-shaped structure a striking sight that has been designed to shift and change according to the weather.

When it is fully complete, the state-of-the-art facility will boast two 50m swimming pools, a 25m diving pool and a tower and host a range of events including swimming, diving and water polo, capable of housing some 17,500 sports-made spectators.

Once the Games have been and gone the Centre will be made available for community and specialist use, promising a variety of exciting possibilities for the future.

The visually-stunning building – touted as the

'Gateway into the Games' – was designed by Iraqi-born architect Zaha Hadid, who has worked on numerous high-profile and award-winning projects and taught at Harvard, Yale and, most recently, the University of Applied Arts Vienna in Austria.

The roof itself is 160 metres long, 90 metres wide and made from a staggering 2,800 tonnes of steel.

The next phase of the project focuses on applying the aluminium roof covering and, after this, work will begin on the timber cladding of the 12,000 metre squared ceiling which will sweep outside to cover the northern roof supports.

#### More info

For more information on how plans for the 2012 Olympic and Paralympic Games are progressing visit www.london2012.com



#### How do You know if You qualify for a FREE NHS Home Sight Test?

If you, or anyone you know, is unable to go out unaccompanied and is in receipt of certain benefits, then you may be entitled to a **FREE NHS Sight Test** in the comfort of your own home.

Call FREE today and we can let you know if you qualify for a Sight Test. It costs nothing to call and our experienced, friendly operators are happy to help. ('Provided by the NHS)

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### News

#### In brief

#### **London Plan roadshow**

Residents are being given the chance to find out more about Boris Johnson's London Plan on Tuesday 20 November at Leytonstone Library. The Mayor's London Plan aims to set out a detailed plan for the capital's economic, environmental and social future and the roadshow (running from 9am-6pm) will give local people the chance to ask questions and find out more about what the Plan means for them and their neighbourhoods. Key themes include meeting the challenges of economic and population growth; ensuring London is a competitive and successful city and gets the most out of its heritage and built environment – turn up on the day to discover more.

• For more information about the Mayor's London Plan visit www.london.gov.uk/shaping-london/london-plan

## **Leytonstone Xmas** market

If you're looking for an individual gift for that special someone this Christmas then why not head down to Leytonstone's Arts and Crafts Christmas Market on Saturday 5 December? The market takes place from 10am-6pm at St John's Church Hall, High Road, Leytonstone and promises a wide variety of handmade arts and crafts. Events will also be taking place at the former Woolworths store and Leytonstone Library and there'll also be special meal deals to be had in participating cafés and restaurants so you can grab a bite once you've snagged some bargains.

• For more information call the E11 BID Company on 020 8496 1188 or visit www.e11bid.co.uk

## Waltham Forest talent wanted

Do you know a young person at your school who has the potential to be the next Dizzee Rascal or Duffy? Or perhaps you know some budding writers, artists, scientists or entrepreneurs? The Student Awards 2009 - a competition which recognises and celebrates the talents of London's pupils - is looking for entries from Year 9 and 10 students attending state schools in Waltham Forest. The fantastic, once-in-a-lifetime prizes on offer include a day shadowing Apprentice star Tim Campbell, a day at a celebrity photoshoot and a day in the recording studio with an up-and-coming signed artist.

The closing date for entries is 27 November – visit www.dcsf.gov.uk/citychallenge/studentawards for more details.

## Adoption open evening

An open evening is being held on Thursday 19 November for anyone interested in finding out more about adoption. A rewarding and life-changing experience, becoming an adoptive parent is an option open to anyone over the age of 21. You can be from any background, either single or a couple, married or unmarried, lesbian or gay. You may own or rent your home, be in or out of work and be from any cultural or religious background. The event takes place from 6.30pm-8.30pm at Waltham Forest Town Hall, Room 6, Forest Road, Walthamstow E17 4JF.

• For more information about adoption visit www.walthamforest.gov.uk/adoption or call the Adoption Team on 020 8496 3000.



Dave Dave the camera's over here

## Been around the world, but there's no place like Stow

- Local act scoops top prize in Metro's battle-of-the-bands contest
- Band to tour with one-to-watch indie songstrel VV Brown



It looks cramped in there – good job they're a friendly bunch

When local lads Led Bib received a nod at the Mercury Music Awards recently, it seemed as if E17 might finally escape the musical shadows of '90s pop.

Now upcoming stars The Stow have also sprung to the fore to prove that yes; there is life in this old town yet.

Forming in February, The Stow's blend of hip-hop and indie-jangles saw them beat off competition from almost 600 artists across the country to win the Metro newspaper's ME Music competition.

Their prize – a tour with much-hyped soulstress W Brown – commences this week.

"It's been a crazy few months," explained Walthamstow-based frontman Haydn Corrodus.

"I'd been writing songs for some time, working with different people, and eventually The Stow happened.

"It all came together pretty easily because we all had a solid idea of where we wanted to go, so there were no false starts."

No false starts may be somewhat of an understatement, as the band – still unsigned – regularly achieve 400 hits on their MySpace page. "We used to get around 80 hits a day or so," Haydn added, "but since appearing in the paper it's just gone mad."

So with the borough's cultural mantle now on Haydn's shoulders, what's his opinion of Waltham Forest?

"Culturally, there's a good scene happening here and it's getting better.

"The festivals are a real creative inspiration; when people see things like that going on, you want to get involved, you want to come down and find out more, but there's still more to be done. Walthamstow's not quite the next Shoreditch yet, but we might get there."

#### More info

For more information on The Stow or for tour dates, visit www.myspace.com/ thestow or to find out more about ME Music, visit memusic.metro.co.uk

#### **Fact file**

- The Stow are: Haydn Corrodus (song and music writer) Will Brown (drums) Dave Payne (bass) Shi Young (singer / songwriter) Matt J Money (quitar)
- They formed in February 2009, after working together on numerous other projects.
- Almost 600 artists from across the UK entered the Metro's ME Music competition.
- After an online poll, and a live performance, The Stow's music pipped them all to the post
- As their prize, Island Records home of such artists as Amy Winehouse, U2 and Florence and the Machine will release a digital download single of their winning song "You Don't Know Me".
- The band are supporting W Brown on a UK-wide tour right now. You can catch The Stow on the London leg of their tour at ULU on 23 November.

## Forced marriage refuge launched

- Ashiana Network offers support and protection to women at risk of being forced into marriage
- · Charity works with over 450 women and has helped 13 escape forced marriages since last year

A local charity that works to protect women from domestic violence has opened Britain's second specialist forced marriage and 'honour violence' refuge.

The Ashiana Network officially opened the five-bed refuge, funded by the council and based in Waltham Forest, on November 10.

The refuge has been operating since August last year and has helped 13 women escape from being married against their will.

One woman, who staved

at the refuge, said: "Ashiana has helped me to survive, because I have found a place to eat, sleep and live without fear."

The Network, which works with more than 450 women from the South Asian, Turkish and Iranian communities. estimates a quarter are at risk of forced marriage and of these women, 37 per cent were rescued from a forced marriage.

Director Shaminder Ubhi said: "It is unacceptable that vouna women should be told who they can and cannot marry in the 21st century and it continues to shock and sadden me that women are still being brutally punished by their own relatives for bringing "dishonour" on their families.

"This refuge will provide a safe haven for anyone who is in danger and gives them time to work out their best course of action while they can receive counselling and support by trained staff."

Both specialist forced marriage refuges in the UK are based in Waltham Forest, and they support the work Ashiana does to protect women from ethnic minorities from domestic violence.

#### More info

To learn more about Ashiana visit www.ashiana.org.uk or call 020 8539 0427. Alternatively, if you want advice from the Council's Domestic Violence Unit call 020 8496 3000

#### In brief

#### **Trial by PCC**

The Chapel End Savoy Players are offering up a festive treat on Thursday 3 and Friday 4 December: a seasonal reworking of Gilbert and Sullivan's comic opera 'Trial By Jury' followed by a selection of Christmas songs. The performance takes place at St John's Church, Chingford Road, Walthamstow E17 4LH at 8pm, with tickets available on the door or in advance by calling 020 8529 3143 or emailing m.offord100@ btopenworld.com. Tickets are £7.50 (with a 10% discount for ten tickets or more) and the event is suitable for all ages.

• To find out more about the Chapel End Savoy Players visit

#### **Lord Mayor's Mile**

Twelve youngsters from Waltham Forest competed in a race as part of the Lord Mayor of London's Show on Saturday 14 November. Jay Andrews, Cheyenne Antoine-Chager, Casey Caldenk, Madeleine Carr, Christopher Deering, Rebecca Elmes, Joseph Glynn, Claire Huggins, Paul Inkpen, Omar Mansour, Robert Meadows and Lina Nielsen represented Waltham Forest.

Teams from all 33 London Boroughs entered runners in three age groups to tackle the mile-long course, which followed part of the show's procession route. At the time of going to print, results were not known, but keep an eye out for the next issue of Waltham Forest News to find out how our runners did.

• For more information on the Lord Mayor of London's Show, visit www.lordmayorsshow.org





## **Adult** courses at NewVIc



www.newvic.ac.uk

Enrol on our wide range of professional and introductory adult courses for January 2010

Plaistow centre Weekdays: 16 - 30 Nov 2009 (10 am - 4 pm) Evenings: every Mon & Wed, 16 - 18 Nov 2009

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Weekdays: 16 Nov – 11 Dec 2009 (10 am – 3 pm) Evenings: every Tue & Thu, 17 Nov – 10 Dec 2009 (5.30 pm - 7.30 pm)

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NewVIc Plaistow centre Prince Regent Lane, London E13 8SG Tel no: 020 7473 4110

NewVIc Stratford centre 379/381 High Street, London E15 4QZ Tel no: 020 7540 0680



### **Our Environment**

#### In brief

#### **Woodland wake-up**

Eco-friendly folks are being invited to roll up their sleeves and help out with some conservation work at nearby Clendish Marsh on Wednesday 25 November, when Rangers will be coppicing trees and clearing the way for a new path. All you need to bring is suitable clothing, footwear, a packed lunch and plenty of enthusiasm, with drinks, tools and training provided on the day. The event takes place from 10am-3pm (meet at the car park, Watermead Way N17 OXD) and Rangers will be on hand to tell you about the site, show you how to use the tools safely and, of course, do plenty of work themselves.

• For more information call the Rangers on 08456 129 111 or visit www.leevalleypark.org.uk



#### Stay safe on the roads

Waltham Forest Council is advising residents to take more care on the roads now that the clocks have gone back.

Research shows that the end of British Summer Time heralds the beginning of the most dangerous time of year on the roads, with most accidents happening between 3-6pm when things first begin to get gloomy. Cyclists are advised to be as visible as possible by using well-fitted bike lights and wearing reflective, high-visibility clothing while drivers and pedestrians are also being asked to take extra care as we approach winter.

• For more information on road safety call 020 8496 3000 or visit www.walthamforest.gov.uk/road-safety-home

## Street cleaning spot checks

Waltham Forest Council has appointed new inspectors to assess the quality of street cleaning. Assessments by White Young Green show that Waltham Forest is one of the cleanest London boroughs based on the Keep Britain Tidy assessment system. White Green Young were chosen because their methods were more rigorous and took more notice of land use in the borough. The system works by measuring litter, fly-posting and graffiti within 300 sections of land, each of which are 50 metres long. The sections measured are graded A, B (both passes) C or D (fails) and in the last two inspections there was a five per cent fail rate.

• For more information on street cleaning, call 020 8496 3000 or visit www.walthamforest.gov.uk/street-care



Young people at the state-of-the-art John Beanse Centre learning about climate change

## Council to reduce carbon emissions by end of 2010

- Council signs up to ambitious climate change campaign
- Businesses, organisations and residents encouraged to reduce their carbon emissions

Waltham Forest Council has signed up to the national 10:10 campaign which aims to tackle climate change by encouraging public bodies, businesses, organisations and individuals to dramatically reduce carbon emissions.

The Council has joined forces with a number of high profile artists, writers, chefs, sporting heroes, councils and NHS trusts by pledging to reduce its carbon emissions by 10 per cent by the end of 2010.

The campaign is the brainchild of Franny Armstrong, the director of the Age of Stupid, and is supported by the Guardian newspaper and Comic Relief.

The campaign came about because, although politicians are debating targets for 2050 and 2030, scientists say world carbon emissions need to peak and begin to fall within the next few years.

That means the developed world needs to make dramatic reductions as quickly as possible, to increase the chances of avoiding disastrous global climate change.

Waltham Forest Council's Cabinet Member for Environment, Cllr Bob Belam, said: "Our carbon emissions directly contribute towards climate change and it's important we all play our part in living greener, more environmentally friendly lives.

"We're committed to tackling climate change, and signing up to this campaign is all about doing our bit."

#### More info

For more information about the 10:10 campaign log on to www.guardian.co.uk/environment/10-10



Cllr Bob Belam calls for greener living

## How you can help

- Cutting your carbon emissions by 10 per cent is easier than you think
- Residents urged to take easy steps towards a greener lifestyle



The 10:10 campaign calls on people and organisations to reduce their carbon emissions by a tenth by next year, that might sound daunting, but its easier than you think.

Here are some simple tips for getting those nasty emissions under control:

- 1. Fly less, holiday more
- Swap the plane for the train,

transport to get to work.
Join a car club or car-share
with a colleague.
5. buy high quality stuff

holiday nearer to home and

Same tanning time, less

nasty carbon emissions.

take fewer but longer holidays.

2. Save 10 per cent on

thermostat, turn off radiators

**heating** - Turn down your

in hallways and wear more

jumpers. Then apply for a

grant to insulate your loft

3. Save 10 per cent of

and walls.

5. buy high quality stuff -Less stuff = less emissions = less climate change, so buy good quality things that last for ages and repair rather than throw away broken things.

electricity - Change to energy

4. Drive less - Leave your

efficient lightbulbs, replace

always turn stuff off.

old fridges and freezers and

car at home once a week and walk, cycle or use public

- **6. Dump less** Avoid excess packaging, recycle everything possible and compost your scraps.
- 7. Eat better In-season fruit and veg produces less emissions, and the less processed the better. Have one meat-free day a week.

but don't replace it with cheese - it's just as bad.

- 8. Don't waste food -The average family throws away £50 of food each month, so don't buy or cook more than you need and eat up your leftoyers
- 9. Don't waste water either Your tap water uses lots of energy, and heating it takes lots more so take showers rather than baths, run dishwashers and washing machines on full loads and be careful when watering plants.

#### More info

For more information on how to reduce your carbon emission around the home or workplace, visit www.carbonfootprint.com

#### In brief



#### A note on recycling

As some residents have noticed, refuse trucks may occasionally be seen on the streets picking up your recycling. Fear not, though, as there's nothing sinister afoot and we're certainly not backing down on our commitment to recycle 40% of our waste by 2011. The simple answer is that if a dedicated recycling lorry is out of commission, a regular truck is sent out so that your recycling isn't left on the streets. It will then be sorted mechanically, meaning every plastic bottle you wash and squash and every Sunday supplement you diligently put in your black box will be recycled rather than go to landfill.

 For more information on recycling, call 020 8496 3000 or visit www.walthamforest.gov.uk/recycling

#### London Borough of Waltham Forest Community Learning and Skills Service

## **Pathways to Employment**

フトビース シンストビース・ファイス シンストレース

Do you know what sort of job you want - but you don't know where to start?



#### Do you want to work:

- as a teaching assistant
- as a play-workerin a nursery
- in a care home
- in a shop
- in an office
- doing accounts
- providing administrative support to a company?

Do you want help in knowing where to start and what you need to do to achieve your ambition?

We have a wide range of short accredited courses to help you work towards the job you want.

We can give you help and information on the courses you need to do and the skills you need to develop so that you can work towards gaining the right combinations of qualifications to get you into the job you want.

We can help you draw up your own personal action plan and support you in working through your very own pathway to employment.

Please come along to one of our Information and enrolment sessions on:

Thursday 3 December	1.30pm
Friday 4 December	9.30am
Monday 7 December	1.30pm

At Chestnuts House, 398 Hoe Street, Walthamstow, London E17 9AA



## **Advertising**



## "i WALK TO THE LIBRARY"

**NHS**Waltham Forest

## Healthy Living Points in Waltham Forest Libraries

Launch of the Healthy Living Points in Waltham Forest Libraries in partnership with Waltham Forest NHS.

This initiative is part of a wider health agenda for Libraries Learning and Culture, working in partnership with Waltham Forest NHS, Waltham Forest Libraries will become community access points for health information.

There will be a Launch at Leytonstone Library on Monday 30 November, 9.30am - 11.30am. Everyone is welcome.

There will be books, talking books and information leaflets available at Leytonstone Library from 30 November and in all other

libraries by March 2010 covering 'choosing health priorities' as identified by the NHS, for example there will be information available on the following;

- Reducing smoking rates
- Reducing obesity and improving diet and nutrition
- Increasing exercise
- Encouraging and supporting sensible drinking
- Improving sexual health
- Improving mental health



www.walthamfroest.gov.uk/libraries

Business continuity plan

## MIND YOUR OWN BUSINESS!!

T LONDON L PREPARED Resilience Through Planning There are certain resources that are vital for an organisation to deliver their products and/or services. These are critical to an organisation's very existence, financial well-being and reputation.

One such resource is the people who work for you. Without your staff, your organisation may not be able to function. Your workforce can be affected through illness, transport disruptions or industrial action. Many more risks exist that can potentially hurt your organisation.

Business continuity management aims to be pro-active in the identification of risks and management of a crisis. A well-written business continuity plan can effectively minimise disruptions to your organisation. The Council wants your organisation to succeed and be prepared for any risks that may affect your ability to trade. We are offering free advice on business continuity management.

For more information, please contact the Civil Contingencies Unit on 020 8496 3000, email business.continuity@ walthamforest.gov.uk or visit www.londonprepared.gov.uk



## 3

#### Afzal Akram, Chair, NHS Waltham Forest

Welcome to your NHS Waltham Forest Page
This week we highlight our new wheelchair
service based in the community and shaped by
wheelchair users themselves. We also look at a major
review of health services aimed at improving healthcare
in north east London as a whole. Our swine flu
vaccination programme has started and you can read

about our early efforts to protect vulnerable children in the borough. We'll keep you up to date with all the latest NHS news right here in Waltham Forest News.



he swine flu vaccine has now been delivered to most GPs in Waltham Forest and vaccinations of vulnerable groups have already begun. If you are in an at risk group particularly vulnerable to flu, such as chronic respiratory disease or cancer patients, or those who usually have a winter flu jab, your GP will contact you when they are ready to offer the vaccine.

Last week saw frontline care staff at Whitefields special school in Walthamstow receiving their jabs, along with around 100 frontline social services staff such as care home workers, as part of our plan to protect patients. Protecting those who provide care to vulnerable patients and service users is the best way of ensuring that these staff do not pass flu on to these patients.

These vaccinations were made possible with the help of 30 trained pharmacists working with NHS Waltham Forest and the Council to protect those working with vulnerable groups. At the moment, the government is not running a campaign to protect the wider public since, for most people, swine flu is a mild illness. Anti-virals are still available for those who contract swine flu. If you think you may have symptoms, please don't go to your local A&E or GP surgery, but contact the national flu line on 0800 1513 100 or go online to:

www.nhs.uk/Conditions/Pandemicflu/Pages/Symptoms.aspx

### NHS Waltham Forest

# What is health for north east london?

ealth for north east London is all about improving healthcare in north east London. It is a review of health services provided by the NHS in north east London, including Waltham Forest, in hospitals, GPs and through community services - closer to home.

Last year's 'Consulting the Capital' campaign, asked Londoners for their views on which health services could be really improved over the next ten years and how this could be done. You said you wanted real change and responsive, safe, convenient and high quality healthcare.

As local leaders of health care services, NHS Waltham Forest is committed to the effective implementation of Healthcare for London. This will require changes to how and where services are provided to improve the health of

all our residents and to tackle inequalities in the borough.

The Health for north east London programme will ensure we make these changes in Waltham Forest to benefit our residents. Your views are still vital to the process and some residents have been recruited to a People's platform to make sure the views of local people are listened to and acted upon when the changes are being planned. There will be further opportunities for you to have your say and we'll let you know the dates of consultations and events right here on the NHS page of Waltham Forest News.

For more information about Health for north east London go online to:

www.healthfornel.nhs.uk/welcome/

## Community wheelchair service launches

new wheelchair service, available in the community, has begun in Waltham Forest.

Wheelchair users can now be visited in their homes, school or place of work for assessment, with any technical or therapeutic problems being dealt with on the spot. Equipment, technical support and maintenance will also be available.

More complex assessments will no longer mean a visit to hospital, but will be carried out in three local leisure centres in the borough at Kelmscott

Leisure Centre on Markhouse Road in Walthamstow, the Score Centre in Oliver Road, Leyton, and the Peter May Centre in Wadham Road, Walthamstow.

We asked wheelchair users what they

wanted from the new service and they said they needed quick access and responsiveness. Now they can get assessments, new wheelchairs, repairs, and advice, all closer to home, which will make a huge difference to their lives

For more information on the new service, provided by Central Essex Community Services (CECS), contact them directly on 0300 123 0810.



For more information about NHS Waltham Forest and local health services take a look at our new website at: www.walthamforest.nhs.uk

# Advice Support Training Mork

# Waltham Forest Worknet working together with the Olympic Delivery Authority

### Do you live in Waltham Forest?

- Are you interested in applying for an apprenticeship in mechanical and electrical, carpentry, plant maintenance, scaffolding, plus others...?
- Would you like to meet representatives from major contractors working on the Olympic Park and learn more about employment opportunities available?
- Would you like to receive information, advice and guidance on all aspects of employment, skills, apprenticeships and training related to the London 2012 Games?

If the answer to any of the above is yes, please come along to our open day to learn more!

Monday 30 November
Between 10.30am and 3.30pm
Leyton Orient Football Stadium,
Brisbane Road, Leyton E10 5NE

For more information visit www.walthamforest.gov.uk/worknet or contact Waltham Forest Direct on 020 8496 3000

Visit www.walthamforest.gov.uk/worknet for more information







## **Our Future**



Blackhorse Lane: one of Waltham Forest's key development areas

### A vision for Waltham Forest

- Waltham Forest takes centre stage at north London investment event
- Industry insiders clearly impressed with what the borough has to offer

Waltham Forest set out its stall to 230 developers, investors and property industry movers and shakers recently, seeking to shine a spotlight on the area's wealth of untapped investment opportunities.

Speaking at a North London Property Linx event in Moorgate, Council representatives put forward a compelling case for the borough, highlighting a clear vision for the area, its regeneration and how the industry can benefit from what Waltham Forest has to offer.

As an Olympic Host
Borough with excellent
transport links in and out
of central London, several
large-scale developments
planned or underway
and 50 more key sites
earmarked for development,
Waltham Forest is creating
a prime environment for
major investment, and
industry insiders were
clearly impressed by what
they heard.



The borough's development and regeneration plans were highlighted, with an obvious focus on housing but also the need for sustainable neighbourhoods with excellent business, leisure and educational facilities.

Gary Ince, Chief executive of North London Business said: "Everyone was impressed by the borough's ambition and its appetite for securing long-term benefits and improvement for its community. The Council's newfound confidence was palpable and many investors were staggered by the scale of opportunity the borough had to offer. With its green space, Olympic opportunities and fantastic transport connections there will be no shortage of investors looking to work with the borough to invest in schemes to create jobs, homes and leisure facilities."

#### More info

To find out more about North London Business visit www.northlondon.org.uk

#### In brief



## Young Londoners' legacy manifesto

Young people from the Legacy Now Youth Panel toured the new Stratford office of the Olympic Park Legacy Company (OPLC) recently and aired their views on post-2012 plans.

The Panel allows 25 teenagers from the host boroughs to be involved with planning what can be built on the Olympic site after the Games.

The Panel has spent the past year working with planners and developers to produce a manifesto on the matter which they presented to the OPLC's Chief Executive. "We've given our opinions and they've been listened to," said Panelist Sara Gadim, "the legacy plans are an important thing to be part of and it's great to be involved."

 For more information on the Olympic Park Legacy Company visit www.olympicparklegacycompany.co.uk

## Private Sector Housing Day



1 December 2009 | 10.30am to 5pm

Epicentre, 41 West St London, E11 4LJ

If you are a landlord, owner-occupier or tenant in Waltham Forest, you shouldn't miss this event.

For more information please contact Private Sector Housing on 020 8496 3000 or visit www.walthamforest.gov.uk/housing



### What's On

#### Sports and fitness

#### **Chingford Rugby** Club

A grass root rugby club that runs from September to May each year. We host 12 mini/junior(youth) section teams from the age of 7-18 years and a senior section with three adult teams. Training sessions vary during the week according to age group, with match play on a Sunday for the youth section and Saturday for the senior section. Youth teams compete in the Essex League and can play away some match days. We welcome all age groups and are always looking for new players to get involved in this highly addictive, family orientated fun sport.

More information is available from Phil Howell (senior section) 0776 823 6913 or Sandie Verdin (youth section) 0779 926 1439 or email Sandiverdin@aol.com

#### **Line Dancing**

Saturday 28 November, 7.30-10.30pm.

Christ the King Church. 455 Chingford Road, off Billet roundabout. Parish Hall at rear of the building. Warm welcome to all keen dancers from beginners to experts. Refreshments provided. £5 entry on the door

#### **Tritons Swim** School

Every Thursday evening. 8-8.30pm - shallow water group. 8.30-9pm - deep water. Tritons Swim School is running swimming lessons for 13-18 year olds at Forest School £25 (for five lessons) Phone: 020 8521 7192. Email: info@tritons.org.uk

#### **Friendly Badminton Club**

Every Friday 8.30-10.30pm. St Anne's Church, 200 Larkswood Road, Chingford. We are looking for new members - no complete beginners. Give us a try. More details from 020 8524 4069.

#### **Highams Park Fencing Club**

Wednesday evenings. Juniors 6-7.30pm Adults from 7.30- 9.15pm.

Trinity School (Lower Site), Off Sydney Road, Woodford Green. A local club for anyone wanting to experience the sport of fencing Formed by a group of keen amateurs, the club offers a relaxed, friendly atmosphere with a wide age group from 7-65 years of age, and with professional tuition for fencers



of all levels by qualified instructors. Beginners welcome, Adults: £4.50 per session for non-members and £3 for members (annual membership £35). Juniors: £2.50 per session for non-members and £1.75 for members (annual membership £17.50). For further information, Email Ian Lepley, Highams Park Fencing Club Chairman, enquiries@hpfc.org.uk or call him on 01992 610 295 between 7and 9pm. or visit our website http://www.hpfc.org.uk



#### **Junior Gym**

Monday and Wednesday 6-7pm. Junior Gym for 11-16 years. Leytonstone School Sports Centre, James Lane, Levtonstone, Must be members and had an induction. All new enquiries please contact the centre or phone 0208 9887474.

#### **Salsa Nations Salsa** Courses/Classes

Every Wednesday 7.30 to 9.30pm. Seebo's, 761-763 High Road, Leytonstone. Learn with top UKA licensed Instructors with over 20 year's industry experience. Courses cater for the complete beginner to the seasoned pro. No partner or special shoes required, fantastic venue with wooden floors and friendly staff

#### **Traditional Chinese** Kung Fu, Tai Chi and Lion Dance

First floor, Unit 11, Kimberley Industrial Estate, Cheney Row

(off Billet Road, E17) Classes for adults and children. For more information please call Damian on 0772 359 5800.

#### **WFCC** ride of the month

Last Sunday of every month, 10am. Walthamstow Library, Town Square, Walthamstow. Leisurely bicycle rides starting from Walthamstow Library to a range of interesting destinations. Usual time is 10am but may vary. Please ring Gerhard on 020 8521 1893 or visit www.wfcycling.org.uk for information on individual rides.

#### Tell us what's on

walthamforestnews@ walthamforest.gov.uk

#### Clubs and community

#### **Caribbean Tea** Dance

18th November, 2pm-4pm and the 3rd Wednesday of each month. Afro-Caribbean Elders Association presents the launch of our Caribbean Tea Dance, Come listen, enjoy, or dance to your old time favourite music Caribbean Style. At the William Morris Community Centre, Greenleaf Road, Walthamstow. Members £1, non-members £2 Refreshments are Provided. For further Information Contact: 020 8509 0067, mobile 0776 709 6914

#### Afro-Caribbean **Elders Association** (ACEA) Fund-**Raising Dance**

Saturday 21 November, 6.30pm-1am. Pentecostal Church, Temple of Truth (Hall), Higham Hill Road, Walthamstow. Tickets £10 or £12

#### **Quiz Night with Xmas buffet**

Saturday 21 November, 7.30pm. Mornington Hall, The Green Walk, N Chingford, Friends of Mornington Hall Quiz. £9 including Christmas buffet. Bring your own drinks. Call Steve 0208 5241488

#### **Christmas Bazaar** Saturday 28 November,

11am-3pm.

Christ the King Church, 455 Chingford Road, off Billet roundabout. Crafts, Gifts, Cakes, Games and Refreshments. 50p Entry

#### **Advent Boot Sale**

Saturday 28 November, 10am-2pm.

The Friends of the Holy Family Technology College are holding their Biggest Ever Indoor Advent Boot Sale at their Walthamstow Site -1 Shernhall Street, Walthamstow, London E17 (next to Thorpe Coombe Hospital). Refreshments available. To hire a table call the school office on 020 820 0482, or email the Friends on t.friends@ holyfamily.waltham.sch.uk

#### **Christmas Bazaar**

Friday 27 November, 1-5pm. St Edmund's Halls, 216 Chingford Mount Road, South Chingford. Fundraising and community event featuring Father Christmas, raffle, tombola, bricabrac, crafts, cakes and refreshments

#### **Christmas Bazaar** Saturday 21 November,

10am-3pm. All Saints Church Hall, Church

Avenue, Highams Park. Lots of stalls, refreshments, games, Father Christmas.

#### **Christmas Bazaar** Saturday 21 November

St Andrews Church Hall, Church Road (off St Andrews Road) Higham Hill Walthamstow. Entry 20p

#### **Qalb Centre - Asian Women's Centre**

Every Thursday, 1.30-4.40pm. Ferguson Centre, Low Hall Lane, Walthamstow. Friendly weekly women's social gathering, with light refreshments and social activities. New Members welcome free of charge. Please contact Azra on 0208 539 8442 for more details.

#### **Roval British Legion Leyton**

Second Tuesday of the month. George Mitchell House, 31 Dunton Road, Leyton. The Royal British Legion welcomes new members, come along on the second Tuesday of the month to see the clubhouse and sign up. Annual membership just £11.00. Functions include licensed bar. dances, tai chi, bingo, line dancing, quiz nights and much more. Call 020 8558 0402 for more details.

#### **Leytonstone Town Centre Christmas Light Switch-On**

Thursday 26 November. St Johns Church, Church Lane, Leytonstone, 4-6pm. Santa's Grotto, Rodeo Reindeer, Face-Painting. Balloon Modelling, Music, switch on by Callum Best.

#### **Leyton Town Centre Christmas Light Switch-On**

Saturday 26 November 2009. Leyton Mills Retail Park, Leyton, 4-6pm. Santa's Grotto, Bouncy Castles, Face-Painting, Music, switch on by John Pickard (Hollvoaks).

#### Woolworths **Christmas** Pick n Mix

Saturday 5 December, 11am-4pm. Former Woolworths Store, Church Lane, Leytonstone

#### St Johns Christmas Arts & Craft Market

Saturday 5 December, 10am-6nm. St Johns Church Hall, Church Lane, I evtonstone

#### Tell us what's on

walthamforestnews@ walthamforest.gov.uk

#### Culture and crafts

#### Open Evening

Wednesday 25 November, 4.30-7.30pm. Waltham Forest College, Forest Road, Walthamstow Visitors will be able to obtain information about the wide range of full-time, part-time day and evening courses available at Waltham Forest College.

#### The Thwarting of **Baron Bolligrew** Thursday 3 - Saturday 5 December, 7.45 pm and 2.30 pm Saturday matinee.

Mornington Hall. The Green Walk, N Chingford. Comedy for children and adults by Robert Bolt. Find out what happens when Sir Oblong goes to the Bolligrew Islands to restore justice and conquer the dragon. £8 adults and £6 children at all performances.

Box office 020 8529 2123

#### Operatic evening Saturday 21 November, 7.30pm.

Chingford Parish Church of Ss. Peter & Paul. The Green. Chingford. Ben Johnson: tenor, Tom Primrose: piano. An evening of song and operatic favourites. Tickets on the door £10, concessions £8, under 15s £2

#### **Advent Carol** Service

Sunday 29 November, 6.30pm. Chingford Parish Church of Ss. Peter & Paul, The Green, Chingford. Music and readings for the time of preparation leading up to Christmas. The Girls & men of Chingford Parish Church Choir. Collection in aid of church funds.

#### 'Mr Quigley's Revenge' - an uproarious comedy performed by The . Wadham Players **Theatre Company**

Friday 27 and Saturday 28 November, 8pm.

Forest Community Theatre, Guildford Road (off Hale End Road), Walthamstow. Tickets in advance from 020 8527 4690 or buy securely online from



www.wadhamplayers.co.uk Adults £6, concessions £3.50. Box office 020 8527 4690.

#### E17 jazz @ The **Rose and Crown**

Thursday 19 Nov, 8.30-10.30pm. The Rose and Crown, 55 Hoe St. Walthamstow. The Gavin Broom Band £5

#### **London Jazz Festival**

Sunday 22 Nov, 3pm. Quaker Meeting House, 1a, Jewel Rd, Walthamstow. E17 jazz Asian Project featuring Carlos Lopez-Real. The culmination of a series of workshops between leading lights of E17 Jazz and the world renowned Mridangam player Balachander together with other prominent local Asian musicians. 020 8521 2363. £5.

#### E17 iazz @ The Plough

Thursday 26 Nov 8.30-10.30pm. e17 jazz @ The Plough. 173 Wood St, Walthamstow. Ben Somers Jazz Project. An exciting new project from the Fire Faters front-man, featuring new modern jazz originals and standards. Tel 020 8520 0565

#### **Walthamstow Historical Society**

Tuesday 8 December, 2.30pm. Main Hall, Greenleaf Road Baptist Church, Greenleaf Road Walthamstow A ride out - Joan Francis takes a gentle journey around the local area, looking at familiar places from an unusual angle, getting people looking above the shon-fronts round the corners and behind the hoardings to get to appreciate the varied local historic environment. Free for Society members and £1.50 for visitors. No booking required. For further information call 07792 750017.

#### **Starlighter Musical Theatre**

Every Thursday 8pm-10.30pm. School of Drama and Music, Orford Road, Walthamstow. We are a small amateur group always looking for new members. No experience necessary. For information call Don on 020 8520 0700.

#### **Waltham Forest Brass Band**

Every Monday, 7.30pm-9pm St Edmond's Church, Chingford Waltham Forest Brass Band is looking for keen adult players, Grade 5+.

For more details contact Kate at katie\_e\_simpson@hotmail.co.uk

#### Tell us what's on

walthamforestnews@ walthamforest.gov.uk

#### Children and Young People

#### **Winter Favre**

Sunday 22 November, 11.30am-2.30pm.

Llovd Park Centre. Winns Avenue Entrance, Lloyd Park, Walthamstow. Santa's Grotto, Father Christmas, Food and Refreshments, fun for the kids. Small admission fee for adults, kids go free.

#### **Brownies Coffee Morning**

Saturday 28 November, 10am to 12noon.

The Rainbows, Brownies, Guides and Rangers of North Chingford will be holding their annual coffee morning at St Peter and Paul's Church Hall, Chingford Green. Doors open at the Vestry Hall. Festive refreshments and a wide range of stalls for all those Christmas present needs.

#### **Christmas Grotto/Fete**

Friday 20 November. 3.30-6.30pm.

Longshaw Primary School, Longshaw Road, Chingford.

#### Under 5s Food Club

Tuesday 24 November, 1st, 8th and 15 December

Davies Lane Primary School and Children's Centre, Davies Lane, Levtonstone F11

A free four week club for parents with children aged 0- 5 years Activities and advice from our

healthy eating, food hygiene, weaning and much more. For more information please call the children's centre on 020 8539 2466

registered Dietician on fussy eating.

#### Saturday school

Every Saturday (except during school holidays), 10am-1pm. 471 High Road, Leyton. School sessions for children with sickle cell anaemia or thalassaemia Regular Saturday school sessions for children, organised by Waltham Forest Sickle Cell and Thalassaemia Support Group teaching mainly KS1-4 English and Maths Please contact Juliet Otteng on

#### Stretch and grow Friday mornings

020 8988 1703 to enroll.

The Woodside Children's Centre. Wood Street, Walthamstow. Exercise and activities for children aged six months to five years. 9.30am-10.15am for children 18 months - 3 years and 10.15am -11am for children 3 - 5 years. £1 per family. For more details call 020 8509 4375.

#### Waltham **Forest Dyslexia Association**

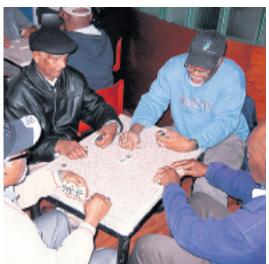
Every Monday 4pm-8pm. Walthamstow School for Girls, Church Hill. Walthamstow. Literacy Support, Numeracy Support. and Handwriting classes for children. Touch typing for anyone from primary school age to adults. For more details contact Debbie on 07852 232509 / debbie.m@wfda.org.uk or check our website www.wfda.org.uk

#### **Highams Park Youth Club**

Every Tuesday (term time) 7.30 - 9.30pm.

Winchester Road Methodist Church. Come along and enjoy table tennis,





pool. Wii Games and more. Meet with friends old and new. All young people age 13 - 17 welcome.

#### Youth Computer Club / Study **Support Group**

Thursdays, 5.30pm - 7.30pm (term time).

Priory Court Community Centre, 11 Priory Court. South Countess Road, Walthamstow. Circle 33 Housing Trust and Waltham Forest Youth Services present a free supervised club for young people

young people aged 13-19 for help with homework, projects etc. For more information email gulsun.faik@circleanglia.org or call 020 8531 9990.



#### Council **Meetings**

#### **Tuesday 17 November**

Waltham Forest Tenants Council

#### Wednesday 18 November

North Chingford Community Council, Chingford Assembly Hall, Station Road, London, E4 6AG

Community Safety and Housing Scrutiny Sub-Committee

#### **Monday 23 November**

South Chingford and Highams Park Community Council, Selwyn Junior School Cavendish Boad London E4 9NG

#### **Tuesday 24 November**

Pension Fund Committee

#### **Monday 30 November**

Walthamstow and Lea Bridge Community Council, Henry Maynard Junior School, Addison Road, London, E17 8PW.

All meetings are held at Waltham Forest Town Hall unless stated otherwise and start at 7.30pm.



Walthamstow London E17 5OJ 020 8501 8407

WALTHAM FOREST COLLEGE

#### DO YOU NEED TO REGISTER WITH A GP?



Attend our open days on

Saturday 28th November 2009, 10am - 1pm and Saturday, 5th December 2009, 10am - 1pm. (Light refreshments available)

Join today and enjoy the benefits and services of:

#### The Grove Medical Centre. 103-105 Grove Road, London E17 9BU. 0844 445 2221

www.grovemedicalcentre.com

For more information visit us on:

## **Empty Property Day**



### 28 November 2009 10am - 4pm **Walthamstow Town Square**

Come along to the Empty Property Day and meet with the Council's Empty Property Team. You can:

- neighbourhood
- Talk about the Empty Property Grant Scheme
- Report an empty property in your Meet with the managing agents and partners that the Council is working with
  - Find out more about the Council's enforcement action programme

Bring this invite (advert) along on the day and receive a free goody bag.

For more information about the event please contact the Empty Property Team on 020 8496 3000, or visit www.walthamforest.gov.uk/housing



To what extent do you agree that these are

### What crime should we be tackling in Waltham Forest?

Closing date for comments: Monday 18 January 2010

Please rank each priority in order of importance according to

## Have your say!

Whether you live, work or visit Waltham Forest we want you to have your say on how we should tackle crime, disorder and anti-social behaviour.

The Police, the Council and partner agencies across the borough who are involved in making the borough safer all work together in a partnership called SafetyNet. Our purpose is to cut crime and tackle anti-social behaviour.

SafetyNet has drawn up a draft set of crime priorities for 2010/11, but we want to know your thoughts, comments or suggestions.

,	Tions, miles a la linear lingua tanta a la local lingua tanta	the right crime profiles for waithant roles
	Anti-social behaviour (includes littering, flytipping,	PLEASE TICK ONE BOX ONLY
	vandalism, rowdy inconsiderate behaviour and young people hanging around).	Strongly agree
	Domestic violence (any violence or threat of violence in or	Tend to agree
	outside the home between family and household members or partners in existing or previous relationships).	Neither agree nor disagree
	Hate crime (crime or incident against you or your property because of your age, colour, sex, race, national	Tend to disagree
	origin, religion, sexuality, disability, political belief or refugee or asylum seeker).	Strongly disagree
	Residential burglary (burglary within your home)	Don't know
	Youth violence (includes gangs, knife crime, robbery and muggings).	IF YOU TICKED DISAGREE Please explain why you feel that these are not the right priorities or suggest any alternative priorities
Ha	ve your say:	that you feel should be considered.
Email By po Walth	e: www1.walthamforest.gov.uk/webforms/crimesurvey lus at: communitysafety@walthamforest.gov.uk st: Crime survey, Safe and Strong Communities, Sycamore House, am Forest Town Hall Complex, Forest Road, Walthamstow E17 4JF	
Hand	in to: Deception decks at Waltham Forget Town Hall or Sycamore House	





#### **Family Information Service**

A confidential service providing free and impartial information and support to families with children and young people aged 0-19 and up to 25 for people with disabilities.

#### Ask us about:

- Childminders Day Nurseries Children Centres
- Crèches Pre-schools Parent and Toddler groups
- After School and Breakfast Clubs
- Holiday Playschemes
- Extended services

#### We also provide support and information on: • Working Tax Credits and Child Tax Credit

- Free part-time early education places for 3 to 4 year-olds
- Special needs inclusion
- Working with children
- Training opportunities
- Becoming a registered childminder or opening a childcare provision

Phone: 020 8496 3000 Email: wffis@walthamforest.gov.uk Website: www.walthamforest.gov.uk/fis



## **TARGET YOUR CUSTOMERS** SUCCESSFULLY

#### With 110,000 copies delivered to homes & business in Waltham Forest.

"Taking out a full ad on the back page was certainly the right thing to do. The response has been unbelievable. Since its publication, we have been inundated with calls with regards to our family activity centre and wider services."

Stephen Barnabis - Tumble in the Jungle - www.tumbleinthejungle.com

"The session went very well - we had enough people attend to mean that we can go ahead with running the course next year. Thanks for your help with the advert." Chris Hatfield - Birkbeck, University of London - www.bbk.ac.uk

Don't waste time, to advertise in Waltham Forest News please call 020 8496 3000 (press option 6) and ask for Sunil Duggal or email: advertisingwfn@walthamforest.gov.uk

We reach more people than any other local publication

## consult

#### Find out about how the London 2012 parklands will start to be transformed after the Games

A large area of new parklands is being created for the London 2012 Olympic and Paralympic Games. After the Games the Olympic Delivery Authority (ODA) will transform these parklands, ready for handover to the Olympic Park Legacy Company.

In December 2009 the ODA will be submitting a planning application to ensure the parklands



Artist's impression of the Olympic Park after the Games

are transformed into a public park following the Games.

These developments will help to revive the Lower Lea Valley and create better connections between the communities surrounding the Olympic Park.

#### Have your say

Come along to a consultation event near you, to see the latest designs for how the parklands will start to be transformed after the Games.

When: Tuesday 24 November 2009, 12-8pm

Where: Chandos Community Centre, Colgrave Road, London E15 1ED

© 2009 Olympic Delivery Authority. The construction of the venues and infrastructure for the London 2012 Games is funded by the National Lottery through the Olympic Lottery Distributor, the Department for Culture, Media and Sport, the Mayor of London and the London Development Agency. The official Emblems of the London 2012 Games are © London Organising Committee of the Olympic Games and Paralymic Games Ltd (LOCOG) 2007. All rights reserved. ODA 2009/281



## 5,000 of us have called for back-up. Now let's make it 10,000!

A big thank-you to everyone who has supported our call for back-up and helped us reach 5,000 signatures. The more support we gain, the stronger our case is for 120 extra police officers to be allocated to the borough.

If you haven't already shown your support, do so today and help us double our signatures to 10,000. Sign our online petition by visiting www.walthamforest.gov.uk/backup or complete and return the coupon below.

We know how strongly our community feel about policing and crime levels in the borough. Here's what some of you have been saying about the campaign.



I'm not knocking the police, they do a great job but they can't be everywhere at once. I can't remember the last time I saw a police officer. The police should be allocated fairly and I fully support the campaign.

David, Leytonstone E11



The more police on the streets the better. It will make the place feel safer: you want the area to be as safe as possible to bring your family up in.

Martyn, Leyton E10

The streets need to be safe for our teenagers to feel confident walking around and learning to become independent without the worry of them being intimidated, abused or assaulted. Extra police will assist this.

Debbie, Walthamstow E17



We need to make our neighbourhoods safer and the correct quota of police officers is urgently needed.

Annetta, Leyton E10

I strongly believe that Waltham Forest does need extra police. I have tragically seen this borough become increasingly dangerous over the years. We can no longer be complacent and turn a blind eye to the serious levels of crime. It is not fair that our current police force should deal with these crime levels when they are under staffed. We need more police, please! Sovida, Leyton E10



Waltham Forest is a borough with the same issues as an inner city borough, so it should have the same number of police officers as an inner city borough. Simple.

Mark, Walthamstow E17



If there were more police officers in the borough they would have time to build relationships with young people in the area, which would be a good thing. As well as having police from all different backgrounds to increase understanding.

Steve, Leyton E10



**Waltham Forest** 

#### Waltham Forest is calling for back-up

I support Waltham Forest's campaign to secure 120 additional police officers to reach a fair level of police resourcing in the borough.

Name:	
Address:	
Postcode:	
Email:	
Comments:	

Thank you for showing your support. Please return this coupon to:

FREEPOST RRGL-ZXTL-GZXZ **London Borough of Waltham Forest** Waltham Forest is calling for back-up Town Hall, Walthamstow, E17 4JF

By completing this coupon you are agreeing to be contacted with more information about this campaign.

☐ Please tick here if you do not wish to receive this.

## **Our Safety**



A magician shows passers-by how it's only ever the scammers who win when it comes to street gambling

## Gambler banned from Waltham Forest

- Xxxxxxxxx man banned from our borough
- Street gambler could face five years inside if he breaches ASBO

Xxxxxxx xxxxxxxx xxxxxxx

A street gambler has been banned from Waltham Forest after he was issued with an Anti Social Behaviour Order by magistrates.

Xxxxxxx xxxxxx xxxxxx

xxxxx is banned from entering Waltham Forest until 22 June 2011 or having items associated with illegal street gambling anywhere within the M25 motorway.

If he breaks the terms

of the ASBO he could be arrested and face up to five years in prison.

XXXXXXXXX was found guilty of providing facilities for gambling at Waltham Forest Magistrates Court and sentenced to a conditional discharge and ordered to pay £50 costs. As part of the punishment he was also issued with the ASBO.

Sgt Phil Steedman from High Street SNT said: "Through hard work and determination xxxxxxxx ASBO was secured.

"This is a great example of working with our local partners in and around Walthamstow High Street."

The Council advises

in illegal street gambling because there is no prospect of winning and participants are likely to lose significant amounts of money.

Residents who spot him should report the sighting to the High Street Ward Safer Neighbourhood Team on 020 8721 2035 or ring Waltham Forest police on 0300 123 1212.

#### More info

To report anti social behaviour call Waltham Forest Direct on 020 8496 3000 and ask for the anti social behaviour team or email communitysafety@ walthamforest.gov.uk

#### In brief

## Inappropriate 999 calls drop

The number of inappropriate 999 calls made has dropped since a non emergency number was introduced say police. In October last year, the Metropolitan Police introduced the 0300 123 1212 number for the public to report non-emergency calls.

Since then, calls to the new number have accounted for 40 per cent of all the police's non-urgent enquiries. The number of 999 calls has also dropped by around 200,000.

The 999 number should only be called when a crime is happening, a suspect is nearby, or someone is injured, being threatened or in danger.

• For more information about the police log on to www.met.police.uk



#### **New SNT bases open**

Two police Safer Neighbourhood Team bases have been officially opened. Since their introduction, Safer Neighbourhood Teams have proved popular with residents, who help choose the policing priorities for their area. The base in Marlowe Road, Walthamstow, will house officers from Wood Street, Hoe Street, Hale End and Highams Park, and Chapel End Safer Neighbourhoods teams. The base in Sewardstone Road, Chingford, will be used by officers from the Chingford Green and Endlebury areas. Bases in Forest Road, Walthamstow, and Ching Way, Chingford, are also due to open soon — watch this space for details.

 For more information about contacting your local Safer Neighbourhood Team visit www.met.police.uk

## **Curtains for illegal scrapyard**

An illegal scrap metal business being run from a squat in Leyton has been closed down.

The business in Oliver Road had been causing problems for residents so officers from Waltham Forest Council's anti social behaviour, housing standards, planning enforcement and social services teams moved in alongside police officers to tackle the problem.

Those responsible were served with a prohibition notice banning them from using the property as a scrap dealership and, as a result, the tenants moved out soon afterwards.

• For more information on how to contact the council about anti social behaviour or unreasonable behaviour by others ring 020 8496 3000

## ahead newsletter



For Waltham Forest Council tenants and leaseholders

November 2009 ■ issue eight

#### News in brief



#### Cash office closes Waltham Forest Council closes

Council closes
Church Hill Cash
Office on 27
November 2009.
For alternative ways
to pay your rent
and council tax
bills, see opposite
page for alternative places to make
payments.



#### Ascham Homes launches new website

For online services and information for Waltham Forest Council tenants and leaseholders visit

www. aschamhomes.org.uk

## Relaunching the Residents Compact

Residents will be given a range of opportunities that enable them to get involved right across the company. The new Tenants Compact will be launched in December 2009.

### **Community feast**

Over 40 children attended the October half-term activities at St Mary's School in Walthamstow. All Sports for Schools, Ascham Homes, Better Neighbourhood Initiative (BNI), Groundwork, The London Sustainability Exchange and The Well London Project worked in partnership to provide activities for children living in the Hoe Street area. Our residents told us that. this was a much needed and appreciated project.

The activities included dance, drama, art and sports activities, as well as a visit to the Duxford air museum. The week ended with presentations, performance by the children and a community feast. All the children did very well, learning lines and remembering their dance routines, parents and carers were enthralled by their children's enthusiasm. One parent said: "My two, didn't want to come, but they absolutely loved it and were coming home really tired. We are looking forward to the next one."

Parents and residents from the area were invited to attend a Community Feast and Well London gave tips on healthy eating and free blood pressure checks. Groundwork gave free Daffodil, Tulip and Crocus bulbs to children and visitors to encourage them to get planting in their gardens or local green spaces.



Tracey Chandler, Community Development Officer said, "This was a very successful event and provided a great opportunity for residents to come together and enjoy healthy eating and benefit from a real community event. Ascham Homes are looking forward to working with its partners to provide more events for local residents."



### **Garden winners**

During the summer, Ascham Homes invited residents to take part in a gardening competition.

We are very happy to announce that we have two winning gardens!

One prize went to Mr Wing of Conifers Lodge winning £150 of Lancaster Garden Centre vouchers and a water butt from Homebase. Mr Wing, 70, (3rd from right in a retired printer and enthusiastic gardener is dedicated to both his garden and allotment where he has been growing fruit and vegetables for the past 18 years. Mr Wing said, "I am truly delighted, the water butt is going to be so useful and my wife and I will certainly enjoy spending the vouchers!"

Our second winners are: Amanda Gustafsson, Kamile Sofu, Mike Lowe, Miranda Pestell and Penny Wiles, all residents living at Nash House on Church Hill who, by working together for the past three years to transform a neglected shrubbery have won £100 and a water butt for their community garden.



Amanda, aged 11,(centre of picture) said, "I really like gardening and I am getting my friends involved as well."

Tracey Chandler, Community Development Officer, (4th from right in picture) said, "We want to encourage our residents to look after and maintain their gardens and celebrate the rewards that gardening brings. Our thanks go to our competition sponsors, Kier Building Maintenance, Homebase and Lancaster Garden Centre."

Our performance for the month of September 2009	Current performance	Status
Estate Inspections: We aim to make sure 99% of estates inspected achieve a grade A or B for cleanliness	100%	<u>U</u>
Leasehold service charge collection: We aim to collect 100% of Service Charges	120.1%	<u>U</u>
Rent collection: We aim to collect 98%	94.9%	
Urgent repairs: We aim to complete 98.5% of urgent repairs on time	99%	$^{\circ}$
Repair appointments made and kept: We aim to make and keep appointments for 98% repairs	97.7%	
Average time to complete repairs: We aim to complete responsive repairs in 9 days	5.4 days	$^{\circ}$
Repairs right first time: We aim to complete 80% of repairs 'right first time'	91.7%	$\bigcirc$
Resident satisfaction with major works: We aimi to achieve 90% satisfaction for major works completed	89%	4
Resident satisfaction with day to day repairs: We aim to achieve 90% satisfaction for day to day repairs	98.3%	U

## time to spare. Please telephone us today on

Waltham Forest Community Credit Union needs you!

Volunteers needed. Would you like to learn new skills and get useful work experience? WFCCU is a friendly, lively place to work and we are always looking for new people with personality and

#### Tenants Resource Centre

and meeting room at Willow ouse

020 8520 8740.



In September the overall performance is 80% of Indicators achieving a green status

#### News in brief

### Rent payments

Help for over 60s

If you are 60 or

over, make sure you are not missing out. Our Rent Officers can help you claim benefits towards your living costs, rent and council tax. To find out more telephone 020 8531 8097.

#### More for OAPs

Pensioners may qualify for Housing Benefit as the capital threshold for residents of pension age has been raised from £6k to £10k.

Contact Waltham Forest Direct on 020 8496 3000. Due to the Church Hill Cash Office closure, residents are reminded that cash payments can still be made at any Paypoint, Payzone, or Post Office using the council's OneCard. The OneCard is easy to obtain and is completely free. To get your OneCard, visit any Waltham Forest Direct Shop (WFD).

The nearest Post Office and PayPoint locations to the Church Hill Office are:

- Walthamstow Central Post Office
- Walthamstow Library, 206 High Street, Walthamstow E17 7JN
- Sweets & Treats, 214 High Street, Walthamstow E17 7JH
- Food & Wine, 168 Hoe Street, Walthamstow E17 4QH
- Texaco Star, 19 Hoe Street, Walthamstow E17 4SB

Visit www.paypoint.com/locator.aspx to find your nearest Paypoint. For residents paying by debit card you can visit any of the Waltham Forest Direct Shops (WFD), see locations below:

- 772 776 High Road, Leyton E10 6AE
- 137 Hoe Street, Walthamstow E17 4RT
- 819 High Road, Leytonstone E11 1HQ
- 265 Chingford Mount Road, Chingford E4 8LP opening hours 8.30am 6pm Monday Friday 9am -1pm Saturday

For residents wanting to make their payments by telephone dial Waltham Forest Direct on 020 8496 3000 (9am - 5pm Monday - Friday).

For residents making payments online visit us at www.aschamhomes.org.uk/our\_services/rent/paying\_your\_rent.aspx

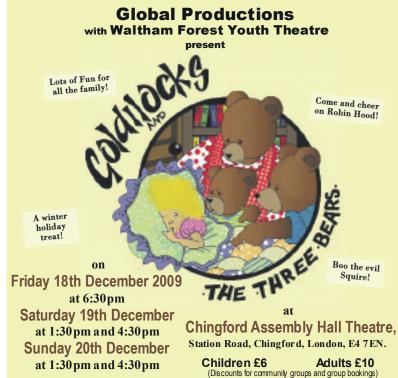


TENANT RISK

## **Advertising**







For tickets telephone: 0750 416 2331

www.WalthamForestPanto.co.uk

or book online at:

DISPERSAL ORDER

The Dispersal Order will provide additional police power to disperse groups of two or more people causing anti-social behaviour.

Once asked to disperse it will be a criminal offence for that person to return to the dispersal area for a 24-hour period. If a young person under the age of sixteen is stopped in the area after 9pm and is not accompanied by an adult, the police can escort them to their home address.

For enforcement of the Dispersal Order, please contact either:

#### Sgt. Doreen Rugundu

William Morris Safer Neighbourhood Team 020 8721 2643 Sgt. Lee McKean

Higham Hill Safer Neighbourhood Team 020 8721 2644

For further information on this Dispersal Order, or to report anti-social behaviour please contact the Anti-Social Behaviour Team, on 020 8496 3000 or visit www.walthamforest.gov.uk/asb



The Dispersal Order will commence from 12.01am on Saturday 7 November for a six-month period and will end at 11.59pm on Thursday 6 May 2010.





Vorking together for a safer London





## **Our Community**

#### **Walthamstow**



## Edinburgh School to be in CLaSS of its own

- £15m new-build will be first in borough to provide dedicated adult learning services
- New site will also triple primary places for local youngsters



A brand new primary school is being built

It's out with the old and in with the new in Walthamstow, with plans now complete for a brand new primary school and community learning centre on Queen's Road. Once constructed, the school – on the previous site of the borough's education centre – will replace nearby Edinburgh School; tripling its student capacity. On top of that

(quite literally) the third-storey of the £15m facility will also be a dedicated home for the borough's adult learning service, CLaSS.

Cllrs Geraldine Reardon and Liaquat Ali recently visited the site to discuss plans with constructors Bouygues and HLM Architects.

"There are schools in the borough already opening their doors to the public," said Cllr Ali, Cabinet Member for Children and Young People Services, "but to have two entirely separate organisations here, working together under one roof, is a huge achievement."

The school and CLaSS have worked together to

create a first-rate facility for everyone in the local community. By pooling their resources, children and adults alike will benefit from this service at less overall cost to the borough.

Elsewhere on the site, the wider community will benefit further still, thanks to a bespoke café being part of the final plans.

#### More info

For more information on school improvements, contact Waltham Forest's Myschool 2012 team on 020 8496 3000 or to find out more about CLaSS, visit www.walthamforestclass.

#### In brief

## Walthamstow dancer cries 'Woof'

Walthamstow dancer, Christopher Hall, is currently holding his own in an otherwise all-woman group performing 'God Cried Woof' at the Blue Elephant Theatre in Camberwell. The new dance piece, described as 'a daring piece examining our disillusion with things we've loved, wanted, believed in and hoped for' is inspired and set to the music of Beethoven's 'Eroica'. "It's great being the only guy in the group," says Christopher. "This is a brilliantly choreographed work and we're all thrilled to be involved. It's been worth all the hard work in rehearsals.

• 'God Cried Woof' is on this week at the Blue Elephant Theatre, 59a Bethwin Rd, Camberwell. Call 020 7701 0100 for box office or visit: www.27fsquadron.com



## Hornbeam Centre gets knitted

The Hornbeam's Knitting, Sewing and Darning Group continues to knit one, purl one with Margaret and Annie at the Hornbeam Cafe, 458 Hoe Street (near Bakers Arms), every Wednesday 2-4pm. Beginners and experienced needle twirlers are all welcome. Help is on hand with patterns and hints while you enjoy tea and homemade cakes, chat and work/play. Margaret and Annie are also happy to do small mending and altering jobs for a small donation. The Hornbeam Café is now open Weds, Thurs and Fridays (10-5pm) as well as Saturdays for veggie dishes, tasty cake, good tea and coffee.

• For more information email: info[at]hornbeam.org.uk or call: 020 8558 6880

## Designers Xmas market

E17 designers have become rightly heralded as among the capital's best and the E17 Designers' Market has become a favourite hang-out for East Londoners looking for great, hand-fashioned products on their doorstep. The next designers' market comes just in time for Christmas on Friday 27 November. This year's festive line-up of designers and makers includes ceramics, hand-printed tee-shirts, jewellery, textiles, witty letterpress posters, scarves, prints and cards, plus stocking fillers for all ages and tastes. There's even a DJ and food to keep you going.

Get along to the Asian Centre, 18a Orford Road,
 Walthamstow on Friday 27 November, 7-10pm

### **Public Notices**

#### **Highways**

#### LONDON BOROUGH OF WALTHAM FOREST SCHOOL TRAVEL PLAN - College Gardens E4, Area The Waltham Forest (Prescribed Routes) (No. ) Traffic Order 200

- NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest propose to make the above-mentioned Orders under sections 6 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
- The general effect of the Prescribed Routes Order would be to prohibit motor vehicles entering or exiting the north-east to south-west arm of College Gardens, E4 at its junction with the east to west / north-west to south-east arm of College Gardens E4 (the prohibition will not apply to pedal cycles).
- 3. FURTHER NOTICE IS HEREBY GIVEN that under Section 23 of the Road Traffic Regulation Act 1984 the Council will introduce a new zebra pedestrian crossing so that stopping on the "zeg-zag" markings would be prohibited "at any time" in:- The Ridgeway, E4 from a point 5 metres south-west of the south-western kerb-line of College Gardens north-eastward for a distance of 40 metres.
- 4. A copy of the Order, the Council's statement of reasons for proposing to make the Order and of plans showing the locations and effects of the Order and pedestrian crossing can be inspected during normal office hours on Mondays to Fridays inclusive until the end of 21 days from the date of this Notice at (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; (b) The Waltham Forest Direct Shop, 265 Chingford Mount Road, Chingford, E4 8LP; and (c) The Reception Desk, The London Borough of Waltham Forest, Low Hall, Argall Avenue, London, E10 7AS.
- Any person desiring to object to the proposed Orders and pedestrian crossing or to make any other representation should send a statement in writing of either their objection and the grounds thereof or of their representation to Traffic Orders, Engineering Design, Low Hall, Argall Avenue, London, E10 7AS by 7th December 2009.

Dated 16th November 2009 MR. K. VALAVAN, Head of Highways and Infrastructure, Public Realm, Low Hall, London, E10 7AS

#### **Legal Notice**

#### PROPOSALS FOR CHANGES TO THE COUNCIL'S GOVERNANCE ARRANGEMENTS

In accordance with the requirements of Section 33E of the Local Government Act 2000, as amended by the Local Government and Public Involvement in Health Act 2007, the London Borough of Waltham Forest has drawn up the following proposals for changes to its governance arrangements.

Following consultation with residents, the Council resolved at its meeting on 22nd October 2009, to propose to adopt the leader and cabinet (England) model of executive arrangements. The main features of this model are:

- (a) The Council, at its first meeting following the local elections, will elect one of its members to serve a 4 year term of office as Leader of the Council.
- (b) The Leader may only be removed by a resolution of Full Council. death or resignation.
- (c) The Leader will hold all executive powers and may delegate powers to the Cabinet, Cabinet Members, Cabinet committees or officers.
- (d) The Leader will appoint members of the Cabinet and allocate portfolios, and may change these at any time as he/she thinks fit.
- (e) The Leader will appoint one Cabinet member as his/her deputy to exercise the Leader's powers when the Leader is unable to act. In circumstances where neither the Leader nor deputy is able to act, the Cabinet collectively will exercise the Leader's powers.
- (f) The Leader, as a councillor, will be fully subject to all the

law that applies to councillors including the code of conduct, allowances and disqualification.

(g) The change in governance arrangements outlined above does not, except for the election of leader and cabinet, have any impact on the powers of full council. Full Council will retain its powers to agree the Council's budget and policy framework and to determine most regulatory decisions.

- (h) The Leader will determine whether to agree a scheme to delegate powers to individual ward members to discharge in their wards.
- (i) The new governance arrangements will take effect 3 days after the council elections on 6th May 2010.

Copies of the report considered by the Council on 22nd October 2009, setting out the proposals are available for inspection at Waltham Forest Town Hall, Forest Road, London E17 4JF during office hours, or on the Council's website at http://www.walthamforest.gov.uk/council-leadership

A further report will be considered at a Special Meeting of the Council to be held on Thursday 17th December 2009, when a final decision on the new governance arrangements will be made.

Any comments on the proposals should be sent to Peter Bailey, Head of Democratic Services, Waltham Forest Town Hall, Forest Road, London E17 4JF by Friday 4th December 2009.

Daniel Fenwick, Acting Director of Governance & Law, London Borough of Waltham Forest.

#### **Tender**

## INVITATION TO TENDER London Borough of Waltham Forest Children & Young People Directorate "Families and communities bringing up happy and successful children" YOUTH OFFER

London Borough of Waltham Forest is committed to providing high quality services to improve outcomes for children and young people and their families. In furtherance of this and in order to deliver our commitments under the Youth Offer, we wish to commission statutory, community, private, voluntary and independent sector organisations to provide services to young people aged 10 to 19 (up to 25 years for disabled young people) and enhance the range of targeted developmental and diversionary activities for vulnerable young people.

The Youth Offer supports our Children & Young Peoples Plan (CYPP) with clear commitments to improve the happiness and well-being of children and young people, and ensure young people are supported on the path to success. Our 2010 / 2011 Youth Offer Programme seeks to deliver the following outcomes:

- An increase in youth participation in positive activities
- A noticeable increase in recorded accredited learning opportunities
- Strengthened youth involvement in commissioning youth activities

Contracts will commence in April 2010 for a one year period, with an option to extend for a further year at the sole discretion of the Council.

To express an interest and for a detailed service specification and application form please contact:

Ms Lorraine Adjaye-Kwofie - Commissioning Team Children & Young People Services Telephone 020 8496 3515 or email

you must specify accordingly

Lorraine.Adjaye-Kwofie@Walthamforest.gov.uk
Please note that all enquirers requesting a pack will be sent
the documents electronically and will be required to provide
an email contact address. If you wish to receive a hard copy

#### Deadline for the return of applications is Noon, Monday 11th January 2010

We will be hosting an information day on Thursday 3rd December 2009 between 10am to 12 noon for all interested organisations at Voluntary Action Waltham Forest Upper Ground Floor, 6 Church Hill London E17 3RY.

## 

Win tickets to the Classic FM Christmas Spectacular at the O2 on 23 December with Myleene Klass.



TV's Myleene Klass hosts an evening of Christmas Celebrations, Light Displays, Special Effects and Indoor Fireworks at the fabulous O2 arena, in the run up to Christmas and you could be there. Waltham Forest news has its hands on a pair of tickets for the sell out show.

The Christmas Spectacular comes to The 02 on 23 December for a rousing night of carols, traditional tunes and some cracking Christmas number ones. The event will be presented in association with Classic FM and the evening will be hosted by celebrity musician, Myleene Klass.

Anthony Inglis will conduct the Royal Philharmonic Orchestra in this Christmas extravaganza which will also feature Alison Jiear and Stephanie Corley, Sopranos, Jon Christos, Tenor, the Royal Choral Society and Metro Voices. The concert will be all the public have come to expect of Raymond Gubbay's productions with light displays, special effects and an indoor firework finale.

Raymond Gubbay commented: 'I am thrilled to be bringing my latest production to The 02. An audience of 20,000 will certainly create an amazing atmosphere to celebrate Christmas – I am sure this will be the first of many of my productions at the venue."

To be in with a chance of winning two tickets for the show, answer this question.

Which celebrity trial TV show made Myleene Klass a major celebrity back in 2006?

a) Country House Rescue b) Wife swap c) I'm A Celebrity...

Send your answer to '02 Xmas Spectacular' competition, Waltham Forest News, Corp Communications, Waltham Forest Town Hall, Forest Road, London E17 4JF by closing date 30 Nov.





## 

The winners of a FREE Subway platter are: Mrs CJ Hicks, K DFurham, I. Wong, Angela Smith-Hughes, Gill Petit, Ms J Pettafor, P Lovell, Mrs Ruth Goss, Karim Hamouche, Andzelika Ckbulska, Carol Chambi, Mrs L Russell, Whitney Parker, Mrs Wassila Zaidi, C I Heed, Mrs S Lancod, Mrs Lindsay-Addy, Paul Powell, Mr D Hughes, Adrienne Michael-Ives and Tom Mercer. We'll be in touch regarding your prizes soon.

## **Our Leisure**

## A taste of culture



You might not realise how many cultural activities are on offer in Waltham Forest, but scratch beneath the surface there are lots of different things to explore and enjoy.

If you're an avid artfan, why not explore the borough's galleries, exhibition spaces and museums?

Ye Olde Rose and Crown Theatre Pub in Hoe Street, Walthamstow offers an exhibition space for local artists, as well as a spacious studio theatre.

The E17 Arts Trail, an artist-run project, takes the idea of exhibition space to the great outdoors. The Trail uses every possible space as a venue. During the two-week trail you'll find art in homes, gardens, shops, cafés, bars, restaurants, windows, sheds, lampposts. bridges, trees and hedges.

If you want to unleash your creative side, several groups offer practical workshops; from printmaking to etching.

Inky Cuttlefish, based in Blackhorse Lane, Walthamstow, run workshops at their printmaking and art studio, as well as hosting exhibitions.

As well as the much-loved permanent collections, the William Morris Gallery in Forest Road, Walthamstow, and Vestry House Museum in Vestry Road, Walthamstow, regularly host special or guest exhibitions. Both venues also offer fun activities and creative workshops for children.

The Changing Room Gallery, based in Lloyd Park, Walthamstow, is the Council's venue for contemporary visual arts and crafts and hosts a range of exhibitions by local professional artists and community groups.

For more information on the Council's museums and galleries go to www. walthamforest.gov.uk/ museums-galleries or call 020 8496 3000

#### **Dance**

Twinkle-toed residents can take a turn on the dancefloor by taking part in one of the fun workshops or classes on offer in one of the borough's many clubs.

Rudeye Dance Agency, offer Sunday "Fusion Funk" dance classes at Fitness First, Leyton Mills, where you can explore a mixture of street dance, hip hop, jazz and locking and popping.

Red Onion Dance and Yoga Studio, Hatherlev Mews. Walthamstow, offers a wide

range of dance classes for all ages and abilities. So whether vou've been inspired to try the Cha, Cha, Cha or fancy learning to Belly Dance, you'll find something to suit you.

The annual primary and secondary dance festivals, which take place in April, have uncovered a wealth of dancing talent in the borough's schools. So if your child is interested in dancing, make sure you ask their school for details of dance lessons and clubs on offer.

And don't forget that the annual Young People's Caribbean Carnival and Mela Festival also feature dancing and music to get your toes tapping.

#### Libraries

**Bookworms** young and old might like to pay a visit to their local library. Waltham Forest has ten public libraries, spread throughout the borough

#### from North Chingford to Leyton.

They offer a selection of books, CDs, DVDs and videos for loan, as well as free internet access. Each library runs a programme of events from children's story times to writing workshops. Why not see what yours has to offer?

For more information about libraries, go to www.walthamforest.gov .uk/libraries or call 020 8496 3000.

#### Music

If you are a music buff then your tastes are sure to be catered for.

Live music venues throughout the borough offer all genres, from jazz and country to rock and classical.

Notable venues include the Sheep Walk, Luna Lounge and North Star in Leytonstone, The Standard and Cavern in Walthamstow and the Royston Arms

and the Old Hall Tavern in Chingford.

The borough is also home to one of the country's leading community orchestras. Forest Philharmonic, founded in 1964, perform five concerts a year at Walthamstow Assembly Hall, and an annual concert at the Royal Festival Hall.

This is just a taster of some of the things you can enjoy and explore in Waltham Forest. Turn to the What's On pages in the centre of this paper to check what events are taking place in your neighbourhood, go to www.walthamforest. gov.uk/leisure or call Waltham Forest direct on 020 8496 3000.



Could you offer love, care and commitment to a child who may have had a difficult start in life? Adopting a child could be the most rewarding thing you do.

We welcome people of all backgrounds, cultures and religions, people who are married, single, co-habiting, divorced, lesbian or gay.

We particularly welcome enquiries from black families, African, African Caribbean, people who are of mixed parentage, in mixed relationships and white families who would consider caring for older children and sibling groups.

Some of our children need loving families who can support their therapeutic and special educational needs. We are actively seeking families who live outside our borough. Could this be you?

We provide lots of support throughout and after the adoption process and Adoption support packages.

To find out more:

Meet us at our Open Evening

#### **Thursday 19 November**

Waltham Forest Town Hall (Room 6) Forest Road, Walthamstow E17 4JF (6:30pm-8:30pm)

Call **020 8496 3000** to request an information pack

Call **020 8496 1588** 

(9am-5pm, Mon-Fri) to speak directly to the Adoption Team

email: susan.buckman@walthamforest.gov.uk
visit: www.walthamforest.gov.uk/adoptandfoster

